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**Artsmark  
Gold Award**  
Awarded by Arts  
Council England



**Values-based Education**  
VbE Enhanced Quality Mark



Friday 7<sup>th</sup> May 2021

Dear Helen

I am writing to acknowledge the impact the Making Me Emotional Literacy programme has had on the ability of our children to articulate and manage their feelings.

In a recent pupils survey comments like those below show the impact the programme has had for the children:

“If I put my caterpillar on sad an adult talks to me about it –it makes me feel better.”

“I really like the reflection time in Casey Club–I take deep breaths –it helps me re-set.”

“I like how Casey talks in the stories.”

“She has lost an eye but it doesn’t matter –she makes me feel calm.”

“When I hurt myself I hold Casey and it makes it all better.”

“My teacher uses the Casey calm time script –it helps me feel okay about myself.”

The programme allows us to complement our Values Based Education Programme and gives a common language for our whole community to use. It supports children to become emotionally resilient and to have a forum to express their feelings in a safe and nurturing atmosphere. Casey Caterpillar is an integral part of school life at Cranfield – she lives in every area of our school and is used by children, both with adult guidance, and independently, to manage their emotions and feelings.

The recent parent workshop which Liz Fordham delivered was extremely well received. Parental feedback praised the practical ideas and helped to develop their understanding that children need to be “seen, held and heard.”

We look forward to maintaining the relationship between the charity and our school for many years to come.

Very best wishes

Jo Dormer

Our Christian Vision aspires for all members of our family to ‘live life in all its fullness’, by;

- ◆ being **immersed** in enjoyment, achievement and learning,
- ◆ being **upheld and motivated** in our journeys by a Christian, values-based education,
- ◆ **aspiring** to greatness in all its forms,
- ◆ **Living God’s Love’** as a part of every day.
- ◆ **flourishing** in the process,

Living God’s Love

Enjoying  
Achieving  
Learning

